Premier's Action Committee on Family Violence Prevention



Comité d'action du premier ministre sur la prévention de la violence familiale

Children & Young Adult Books Donated to the PEI Public Library Service by the Premier's Action Committee on Family Violence Prevention

The following titles have been donated from the Premier's Action Committee on Family Violence Prevention to the PEI Public Library Service in recognition of the annual Family Violence Prevention Week in February. All books can be accessed through the PEI Public Library Service and there are titles in English, French, Chinese, Arabic, & Spanish. The books listed below focus on building healthy relationships and include stories about valuing yourself and others, tolerance, teamwork, kindness, and dealing with bullying.

NEW FOR 2020!

PICTURE BOOKS

Angry Cookie by Laura Dockrill

Cookie has woken up on the wrong side of the bed and is very angry. You want to know why? Well, you'd have to keep reading to find out, but now Cookie's calling you annoying and telling you to mind your own business. If by chance you do stick around, you might hear about a certain roommate's terrible musical skills, why you should never let your barber try out a "new look," how it's impossible to find a hat that fits a cookie, and why an ice-cream parlor that's out of your favorite treat can be a source of desolation. Then there's the matter of a hungry bird who tries to snack on you.... Propelled by quirky humor and woes that every young child can relate to, Angry Cookie suggests that sometimes the best way to cheer up a grumpy lump is simply by being there — and lending your ears.

Except when they don't by Laura Gehl

This rhyming picture book encourages children to celebrate their individuality and lets them know that it's okay to play with whatever toys they want to!

Girls perform to fairy songs. Boys play football all day long.

Boys yell, "Boo!" and run away. Girls like kittens and ballet.

Except when they don't.

Children are often told by many different people about what toys they're supposed to play with, what interests they should have, and who they should be simply because of their gender. This stereotype-breaking book invites children to examine what they're told "boy" and "girl" activities are and encourages them to play with whatever they want to and to be exactly who they are! This book is published in partnership with GLAAD to accelerate LGBTQ inclusivity and acceptance.

Good little wolf by Nadia Shireen

Rolf, a small, gentle wolf, lives with Mrs. Boggins, who tells him he is a good little wolf. But when he meets up with a large, ferocious wolf, he is told that he isn't a real wolf. Wolves aren't little and good—they are big and bad. To prove he is a real wolf, the old wolf tells Rolf he must perform certain tasks, such as blowing down a little pig's house. Rolf is a total failure . . . until the big bad wolf urges him to do something unspeakable to old Mrs. Boggins. Then the good little wolf proves that he can stand up to the big bad bully. Or so it seems. More mature readers may find a different ending that could lead to a great discussion! Using familiar storybook characters and an endearing new hero, Nadia Shireen makes her debut in this winning picture book.

I will be fierce by Bea Birdsong

I Will Be Fierce is a powerful picture book about courage, confidence, kindness, and finding the extraordinary in everyday moments. It's a brand new day, and a young girl decides to take on the world like a brave explorer heading off on an epic fairytale quest. From home to school and back again, our hero conquers the Mountain of Knowledge (the library), forges new bridges (friendships), and leads the victorious charge home on her steed (the school bus).

It feels good to be yourself: a book about gender identity by Theresa Thorn

A picture book that introduces the concept of gender identity to the youngest reader. Some people are boys. Some people are girls. Some people are both, neither, or somewhere in between. This sweet, straightforward exploration of gender identity will give children a fuller understanding of themselves and others. With child-friendly language and vibrant art, It Feels Good to Be Yourself provides young readers and parents alike with the vocabulary to discuss this important topic with sensitivity.

Kindness makes us strong by Sophie Beer

This bright book [...] celebrates acts of kindness big and small. Kindness is a friendly hello. A roaring cheer. A quick boost. Kindness is what makes us strong! This joyful board book shows various children as they extend kindness in all kinds of situations: on the playground, at lunchtime, on a bike path, and on a neighborhood street. This sweet preschool read-aloud shows the way kindness helps build friendship and community.

My big bad monster by A.N. Kang

Have you ever met your monster of self-doubt? This girl has. When she's had enough of his negativity, she discovers that with a little help from new friends and a lot of boisterous music, he'll disappear for good!

Under the love umbrella by Davina Bell

A stunning celebration of the joy and comfort that is always with us, wherever we roam in the big, wild world. Whatever you fear, come close my dear

You're tucked in safe for always here

And I will never not be near

Because of our love umbrella

From this award-winning creative duo comes a book about the wonder of ever-present love. A stunning celebration of the joy and comfort that is always with us, wherever we roam in the big, wild world. Who's under your Love Umbrella?

When Aidan became a brother by Kyle Lukoff

When Aidan was born, everyone thought he was a girl. His parents gave him a pretty name, his room looked like a girl's room, and he wore clothes that other girls liked wearing. After he realized he was a trans boy, Aidan and his parents fixed the parts of his life that didn't fit anymore, and he settled happily into his new life.

Then Mom and Dad announce that they're going to have another baby, and Aidan wants to do everything he can to make things right for his new sibling from the beginning--from choosing the perfect name to creating a beautiful room to picking out the cutest onesie. But what does "making things right" actually mean? And what happens if he messes up? With a little help, Aidan comes to understand that mistakes can be fixed with honesty and communication, and that he already knows the most important thing about being a big brother: how to love with his whole self.

When Aidan Became a Brother is a heartwarming book that will resonate with transgender children, reassure any child concerned about becoming an older sibling, and celebrate the many transitions a family can experience.

PICTURE BOOKS IN FRENCH

Les émotions de Léo by Louison Nielman

Joie, surprise, tristesse, colère et apaisement.... dans le coeur de Léo, il y a tout un arc-en-ciel d'émotions! Une histoire qui met les émotions en parallèle avec les phénomènes climatiques (le soleil et la joie, l'orage et la colère, etc.) à travers le personnage de Léo. Une histoire tendre et poétique à lire aux tout-petis, pour les aider à apprivoiser leurs émotions.

Le garçon invisible by Trudy Ludwig

Voici Arthur, l'enfant invisible. Personne ne le remarque, personne ne le choisit dans son équipe, personne ne partage ses jeux avec lui, personne ne l'invite non plus à son anniversaire... jusqu'à

la venue d'un nouveau dans la classe.Le jour où Justin arrive, Arthur est le premier à lui faire sentir qu'il est le bienvenu.Et lorsque Arthur et Justin travaillent ensemble à leur projet de classe, Arthur se révèle et s'illumine.Pour les enseignantsLes parents, les enseignants et les conseillers pédagogiques trouveront dans cet ouvrage une réponse fine et sensible aux besoins des enfants silencieux.

Le grand coeur de madame Lili by Gilles Tibo

Children flock to Madame Lili, who always has the right tool to repair a broken toy or sew on a missing button. But when one little boy brings his problem to Madame Lili, she realizes this one needs more than a simple fix. She offers all the compassion and comfort she can. Later, when it's her turn to need the same, the boy leads the pack to help her. This is a deeply touching story that takes on sadness and death - very balanced in the story and art by life, hope and joy. Young readers will be able to come to it in various ways, depending on their own readiness and experiences.

YOUNG ADULT NON-FICTION

Brave face by Shaun David Hutchinson

"I wasn't depressed because I was gay. I was depressed and gay." Shaun David Hutchinson was nineteen. Confused. Struggling to find the vocabulary to understand and accept who he was and how he fit into a community in which he couldn't see himself. The voice of depression told him that he would never be loved or wanted; while powerful and hurtful messages from society told him that being gay meant love and happiness weren't for him. A million moments large and small over the years all came together to convince Shaun that he couldn't keep going, that he had no future. And so he followed through on trying to make that a reality. Thankfully Shaun survived, and over time, came to embrace how grateful he is and how to find self-acceptance. In this courageous and deeply honest memoir, Shaun takes readers through the journey of what brought him to the edge, and what has helped him truly believe that it does get better.

YOUNG ADULT FICTION

New David Espinoza by Fred Aceves

David Espinoza is tired of being messed with. When a video of him getting knocked down by a bully's slap goes viral at the end of junior year, David vows to use the summer to bulk up - do what it takes to become a man - and wow everyone when school starts again the fall. Soon David is spending all his time and money at Iron Life, a nearby gym that's full of bodybuilders. Frustrated with his slow progress, his life eventually becomes all about his muscle gains. As it says on the Iron Life wall, What does not kill me makes me stronger. As David falls into the dark side of the bodybuilding world, pursuing his ideal body at all costs, he'll have to grapple with the fact that it could actually cost him everything.

Previous Donations:

Picture Books

A World of Kindness

There are many ways children can show kindness to others – human, animal, young, and old. With art from nine celebrated children's book illustrators including Rebecca Bender, Suzanne Del Rizzo, and Wallace Edwards, this lavishly illustrated book reminds readers of the impact they can have through everyday actions and words. From simply saying "please" and "thank-you" to helping, comforting, and protecting others, A World of Kindness goes beyond mere platitudes and politeness to examine, in a kid-friendly way, the most powerful of social interactions.

Beautiful Hands by Kathryn Otoshi & Bret Baumgarten

Based on co-author Bret Baumgarten's experience of holding his daughter's hands every morning and asking her, What will your beautiful hands do today?, this book was created to inspire children everywhere to use their power to help themselves and others achieve their dreams. Little hands can do so many wonderful things: plant ideas; stretch imaginations; and reach for dreams. Parents and educators will enjoy sharing the word play with young readers. Children will revel in the spectacular art created using thumb- and hand-prints.

Blocks by Irene Dickson

A book about sharing and cooperation. "Ruby has red blocks and Benji has blue blocks. They both build with their blocks, until Benji takes one of Ruby's red blocks and, in the tussle that follows, all the blocks CRASH to the floor. But now Benji has blue and red blocks, and Ruby has red and blue blocks, and together they build and build . . . until Guy comes with his green blocks!"

Can You Say Peace? by Karen Katz

International Peace Day is September 21st. On this day and every day throughout the year, children all over the world wish for peace. Karen Katz takes readers on a bright and colorful journey around the globe to meet some of these children and learn about the many ways to say peace!

Daddy, Me and the Magic Hour by Laura Melmed

"After getting home for the day and having dinner, a young boy is ready for some special time outside with his father."

Fox & Squirrel by Ruth Ohi

(also available in French as Rikki, Rouquin et Rocco)

This story about the adventures of two lovable friends is told through expressive watercolour illustrations full of energy, humour, and warmth. The simple text and joyful art deliver a heartwarming tale with a subtle but profound message about friendship, acceptance, and working together.

Rikki l'écureuil et Rouquin le renard sont les meilleurs amis du monde. Lorsqu'un petit oiseau jaune entre en scène et commence à batifoler sur les branches avec Rikki, Rouquin se sent délaissé. Rikki réussira-t-il à convaincre son compagnon de toujours que l'arrivée d'un nouveau camarade n'altère en rien leur amitié?

Gaston by Kelly DiPucchio and Christian Robinson

A bulldog and a poodle learn that family is about love, not appearances in this adorable doggy tale from New York Times bestselling author Kelly DiPucchio and illustrator Christian Robinson.

Hand in Hand by Rosemary Wells

The bond a parent and child share is special. In this sweet and heartfelt picture book, celebrate all that parents do with and for their children from the very beginning. A title about the loving bond between parent and child during the toddler years.

Have You Filled a Bucket Today? by Carol McCloud

(also available in French as As-tu rempli un seau aujourd'hui?)

Through sweet, simple prose and vivid illustrations, this heartwarming book encourages positive behaviour as children see how very easy and rewarding it is to express kindness, appreciation and love on a daily basis. Winner of seven awards.

À travers ses petits mots et ses illustrations amusantes, ce livre enseigne aux enfants combien il est facile et enrichissant d'exprimer l'amour et la gratitude au quotidien. Un jouet d'enfant se transforme en symbole de compassion universelle et de bienveillance.

Hedgehog Needs a Hug by Jen Betton

Everyone needs hugs, even if they're prickly.

I'm Here by Peter H. Reynolds

A book that reminds us that children—and the friendships they make—can take flight in unexpected ways. With a strong anti-bullying message, <u>I'm Here</u> teaches children to stand up for others who may not seem to belong.

One by Kathryn Otoshi

Young readers learn about accepting each other's differences and how it sometimes just takes one voice to make everyone count while also learning about numbers, counting, and primary and secondary colors.

Peace Is an Offering by Annette LeBox (Highly reviewed by Canadian Children's Book Centre) Join this group of neighborhood children as they find love in everyday things—in sunlight shining through the leaves and cookies shared with friends—and learn that peace is all around, if you just look for it. With rhyming verse and soft illustrations, this book will help families and teachers look for the light moments when tragedy strikes and remind readers of the calm and happiness they find in their own community every day.

Peaceful Pieces: Poems and Quilts About Peace by Anna G. Hines (age: preschool to teen)

This is evocative collection of poems illustrated by beautiful handmade quilts explores peace in all its various and sometimes surprising forms: from peace at home to peace on a worldwide scale to peace within oneself. Pondering the meaning of peace and its fleeting nature, this book compels each of us to discover and act upon peace ourselves.

Shape of My Heart by Mark Sperring

From sun up to sun down, from our hands and our feet, to animals, cars, food, and teddy bears, the world is alive with endless shapes to identify. Once you start to look, who knows what shapes you'll discover next! With its gently reassuring text and vivid illustrations, The Shape of My Heart invites readers to look beyond the obvious, and explore the world in a whole new way.

Snowflakes Fall, by Patricia MacLachlan

A children's book about life's natural cycle: its beauty, its joy, and its sorrow. Together, the words and pictures offer the promise of renewal that can be found in our lives—snowflakes fall, and return again as raindrops so that flowers can grow.

Sparkle Boy by Leslea Newman

A little boy wants to wear sparkly things just like his sister, but his sister wants her brother to dress like other boys. A sweet, heartwarming story about acceptance, respect, and the freedom to be yourself in a world where any gender expression should be celebrated. Peer pressure, gender stereotypes, and a lot of relatable sibling dynamics all play a role.

Starring You and Me by Genevieve Cote

This gently funny story sets the stage for preschoolers learning how to play together after years of being stars of their own show.

The Day You Begin by Jacqueline Woodson

"A poignant, yet heartening, book about finding courage to connect, even when you feel scared and alone."

The Family Book by Todd Parr

A story about the importance of embracing our differences is delivered in a playful way. With his trademark bold, bright colors and silly scenes, this book will encourage children to ask questions about their own families. Perfect for young children just beginning to read, *The Family Book* is designed to encourage early literacy, enhance emotional development, celebrate multiculturalism, promote character growth, and strengthen family relationships.

The Peace Book by Todd Parr

(also available in French as Le Livre de la Paix)

Delivers positive and hopeful messages of peace in an accessible, child-friendly format featuring Todd Parr's trademark bold, bright colors and silly scenes. Targeted to young children first beginning to read, this book delivers a timely and timeless message about the importance of tolerance.

Un livre qui aborde le concept de la paix à travers des situations concrètes montrant l'amour, l'amitié, le partage, le respect de la différence, l'écologie, la liberté, etc.

These Hands, written by Dave Gunning and illustrated by Meagan Smith

A children's book, which teaches us that every person has the ability to be a hero of the human kind.

What Is Peace? by Wallace Edwards

(also available in French as Qu'est-ce que la paix?)

This book explores peace, and invites young readers to think about what that means to them. Through a series of linked questions, the concept of peace is picked up, shaken, turned all around, and carefully examined from every angle.

La définition de la paix est à la fois simple et complexe. Wallace Edwards propose une série d'illustrations riches en symbolisme qui incitera les jeunes à réfléchir sur la question et à concevoir leurs définitions personnelles.

When Sophie's Feelings Are Really, Really Hurt by Molly Bang

Everyone's feelings get hurt, and it's especially painful in childhood. In this story, Bang's popular character Sophie is hurt when the other children laugh at her and tell her she's wrong. At issue is

Sophie's colorful, expressive painting of her favorite tree. Sophie loves it, but her picture is different from the paintings done by the other students. In the end, the students learn there are many different ways to interpret the world — and each other. Here is a simple story that tackles the common issue of hurt feelings as it gently helps us to be more kind.

You Can Be by Elise Gravel

(also available in French as **Tu peux**)

Short and sweet, *You Can Be* is a gentle reminder to embrace diversity in yourself and others, to be kind, and above all, to be YOURSELF.

Voici un petit livre pour enfants sur le thème des stéréotypes de genres: vous y trouverez des filles qui pètent, des garçons sensibles, des filles drôles et des garçons qui prennent soin des plus petits. C'est un petit truc très simple qui va droit au but.

Zero by Kathryn Otoshi

Budding young readers are introduced to accepting different body types, developing social skills and character, and learning what it means to find value in yourself and in others, working with others, developing social skills, and math and counting.

Picture Books in French

Borris Brindamour et la robe orange de Christine Baldacchino

Boris est un petit garçon qui aime utiliser son imagination. Il rêve d'aventures spatiales. Surtout, Boris aime le coin des déguisements de sa classe. Il aime porter la robe orange. Les enfants de sa classe ne le comprennent pas. Les robes, disent-ils, sont pour les filles. Et Boris n'est certainement pas le bienvenu dans le vaisseau spatial que certains de ses camarades de classe ont construit.

Deux garçons et un secret d'Andrée Poulin

Émile et Mathis sont les meilleurs amis du monde. Ils partagent leurs jeux. Leurs collations. Et leurs secrets. Un beau matin, Émile fait une découverte dans le bac à sable. Ça lui donne une idée. La plus-meilleure idée de toute sa vie.

Le Bisou by Jennifer Couëlle

(also available in English as Kiss Kiss)

Le bisou est une petite chose que l'on fait qui a une importance terrible. Il s'en fait d'ailleurs à toutes les sauces, les bisous.... Cet album tout en poésie et en finesse, qui dépent le mot « bisou» à travers le regarde de l'enfance, est une ode à l'affection de tous les jours!

One on the forehead, one on the nose, and one flying through the air... What would a day be like without kisses? In musical language, Kiss Kiss celebrates the sweet gesture as a small child experiences it: in a parent's snug goodnight, a baby's sticky smooch, and a healing touch on a scraped knee.

Le Lion et l'oiseau de Marianne Dubuc

Un jour d'automne, le lion trouve un oiseau blessé près de son jardin. C'est le début d'une amitié.

Le Petit Bonheur de Jessie Chrétien (À partir de 4 ans)

C'est par un petit matin ensoleillé que Noah part à la recherche du bonheur. Mais qu'est-ce que le bonheur? C'est gros et petit? C'est doux en piquant? Vert ou rouge? Cette histoire drôle et touchante, un brin philosophique, apportera peut-être une réponse.

Les Mots Magiques by Angèle Delaunois

(also available in English as Magic Little Words)

Sans être aucunement moralisateur, le troisième titre de cette collection parle de savoir-vivre et de bonnes manières. Certains mots sont magiques et ils ont des pouvoirs particuliers. Angèle Delaunois nous présente ceux qu'il fait bon semer à tout vent, au jour le jour.

Thank you. Sorry. Goodbye. I love you. These basic words and phrases are among the early ones we learn, but they also represent big concepts whose larger meanings can be difficult to grasp. Magic Little Words tackles the challenge, presenting one "little word" on each spread alongside a lyrical line that expresses its meaning: for instance, "please" is a magic key that opens most doors, and "I love you" is the most beautiful song for two.

Un Air de famille de Moni Port

Hélène ne supporte plus que son papa crie tout le temps, mais il n'y peut rien car dans sa famille on hurle depuis des générations. Elle s'enfuit de chez elle sans prévenir, pour vivre sa vie loin des cris. Un album poétique pour aborder un sujet sensible avec humour et délicatesse.

Picture Books in Other Languages

Amira by Zakaria Mohammed (Arabic)

Amira believes her father does not love her because he is always frowning and does not talk much, but when she finds her way into his dreams, she realizes how much he truly cares.

Layla and the Donkey by Fatima Sharafeddine (Arabic)

Layla must lead a donkey carrying pots and pans to her grandmother's house. She tries to ride the donkey, even though her grandfather has warned her the load will be too heavy for the animal. Chaos ensues as the donkey escapes, and in the end Layla realizes her grandfather was right about treating the hard-working donkey with respect.

The Dream Vendor by Mohanned Alakouse (Arabic)

A boy and his father sell balloons and dreams to fulfill their dream of buying a wheelchair for the boy's mother. The story draws on the value of perseverance to achieve your dreams.

An's Seed by Zaozao Wang (Chinese)

A master monk gives each student Ben, Jing, and An a thousand-year old lotus seed and tells them to grow it. The students have their own ideas and put them into action. Simple text and appealing pictures illustrate the story of the three young monks' activities simultaneously to provide interesting pictures of their different personalities.

Buddy Is so Annoying by Wenzheng Fu (Chinese)

A tale of best friends, one a human child and one a boar named Buddy. The two go through the fights that any two boys have, over possessions, fishing competitions, and games.

CeeCee by Mao Xiao (Chinese)

Many children are playing around, some singing, some playing games, some shopping and some picnicking, while CeeCee sits all alone on the bench. Why doesn't she come to play? Everyone is curious. Is she uncomfortable? Is she unhappy? At the turn of each page, we will discover the reason of why CeeCee would rather sit and do nothing than play in the bustling park.

Little Rabbit's Questions by Dayong Gan (Chinese)

Little Rabbit was playing outside in the garden with questions popping up into his mind. He was curious about Mama's big eyes, long ears and strong legs. The mother's love shines through love to the little rabbit through their conversation about all his questions.

Beso en mi mano de Audrey Penn (Spanish version of The Kissing Hand)

Un Beso en Mi Mano, trata de un pequeño mapache llamado Chester, que va por primera vez a la escuela. Chester se siente muy triste, pues debe abandonar en las mañanas a su amada madre y abandonar todas las cosas divertidas a la que está acostumbrado hacer. Pero un gran secreto de parte de su madre, convierte su tristeza en una experiencia nueva y llena de amor...

In this contemporary classic Chester Raccoon seeks love and reassurance from his mother as he ventures out into the world to attend his very first day of school.

Besos for Baby: A Little Book of Kisses by Jen Arena (board book in Spanish & English)

Everyone has kisses for Baby, from Mami and Papi to perro and gato. Using simple Spanish words, this charming read-aloud proves that love is the same in every language! Parents won't be able to resist giving baby muchos besos as they share this bilingual read aloud, filled with bold, graphic illustrations, with their little bébé!

Debo compartir mi helado? by Mo Willems (Spanish translation of the Elephant and Piggie book Should I Share My Ice Cream?)

¿Debo compartir mi helado? Gerald tiene una gran decisión que tomar. ¿Pero lo hará a tiempo?

Junior Fiction (English & Chinese)

Bronze & Sunflower by Cao Wenxuan (Chinese)

Winner of the Hans Christian Andersen award for children's literature. Taken in by a poor family in a rural village after the death of her father, Sunflower bonds with the family's only child, Bronze, who has not spoken since being traumatized by a terrible fire. Bronze and Sunflower become inseparable, understanding each other as only the closest friends can.

Do Nice, Be Kind, Spread Happy by Bernadette Russell

This cool and quirky title is full of ways to spread a bit of happy, and release your inner ninja of niceness with some guerrilla acts of goodness.

Who's in My Family?: All about our families by Robie Harris

Accessible, humorous, and full of charming illustrations depicting families of many configurations, this engaging story interweaves conversations between the siblings and a matter-of-fact text, making it clear to every child that whoever makes up your family, it is perfectly normal – and totally wonderful.

Junior Non-Fiction (English)

Let's Talk About Body Boundaries, Consent and Respect by Jayneen Sanders

Teaching young children about body boundaries, both theirs and others, is crucial to a child's growing sense of self, their confidence and how they should expect to be treated by others. A child growing up

knowing they have a right to their own personal space, gives that child ownership and choices as to what happens to them and to their body. It is equally important a child understands, from a very young age, they need to respect another person's body boundary and ask for their consent when entering their personal space. This book explores these concepts with children in a child-friendly and easily understood manner, providing familiar scenarios for children to engage with and discuss.

Sex Is a Funny Word by Cory Silverberg

A comic book for kids that includes children and families of all makeups, orientations, and gender identities; an essential resource about bodies, gender, and sexuality for children ages 8 to 10 as well as their parents and caregivers. Much more than the facts of life' or 'the birds and the bees,' *Sex Is a Funny Word* opens up conversations between young people and their caregivers in a way that allows adults to convey their values and beliefs while providing information about boundaries, safety, and joy.

Young Adult Non-Fiction (English, French, & Arabic)

All the Rage by Courtney Summers (14–17 years)

The sheriff's son is not the golden boy everyone thinks he is, and Romy knows that for a fact. Because no one wants to believe a girl from the wrong side of town, the truth about him has cost her everything-friends, family, and her community. Romy must decide whether she wants to fight or carry the burden of knowing more girls could get hurt if she doesn't speak up. This novel examines the shame and silence inflicted upon young women in a culture that refuses to protect them.

Code Name: Butterfly by Ahlam Bsharat (Arabic)

A teenage girl in Palestine must grapple with the tensions of being a young adult. Butterfly draws us into her world of adult hypocrisy, sibling rivalries, girlfriends' power plays, unrequited love and the political tension of life under occupation.

Doing It! Let's Talk About Sex by Hannah Witton

Tackles subjects ranging from masturbation and puberty to sexual shaming and consent in an accessible, relatable and extremely honest way.

Happy Families by Tanita S. Davis

Teenage twins Ysabel and Justin struggle with a family secret, one that threatens to destroy the twins' happy family and life as they know it. They will be forced to come to terms with their dad's new life as he transitions to life as a woman. Can they overcome their fears to piece together their happy family again?

Hey Shorty! A Guide to Combating Sexual Harassment and Violence in Schools and on the Streets by Joanne Smith

Girls for Gender Equity, a nonprofit organization based in New York City, has developed a model for teens to teach one another about sexual harassment. How do you define it? How does it affect your self-esteem? What do you do in response? Why is it so normalized in schools, and how can we as a society begin to address these causes? Geared toward students, parents, teachers, policy makers, and activists, this book is an excellent model for building awareness and creating change in any community.

I Am J by Chris Beam

J had always felt different. He was certain that eventually everyone would understand who he really was: a boy mistakenly born as a girl. He runs away from his best friend who has rejected him and the parents he thinks do not understand him when he finally decides that it is time to be who he really is.

I'll Meet You There by Heather Demetrios

Skylar has grown up poor, but her artistic ability and hard work have won her a scholarship to art school in San Francisco, if she can just survive the summer in her small town. But when her single mom loses her job and falls apart, and Josh, a former co-worker and crush, comes back from Afghanistan missing a leg, she struggles with leaving everyone behind. When she and Josh do decide to have sex, they talk not only about the physical aspects, but also the emotional entanglements before taking their relationship to that level.

Le Chant des libelulles de Pascale Gingras (12+ ans)

Peut-on avouer son amour à un ami cher sans savoir s'il nous aime en retour? Jeff, en deuil de sa mère, ne se laisse pas abattre. Son surprenant sens de l'humour l'aide à surmonter l'épreuve. Ses amis Florence et Sébastien sont également là pour lui, même si c'est parfois difficile: Sébastien rêve de Florence en secret, mais elle semble plutôt en pincer pour Jeff. Chacun s'emballe, interprétant mal les agissements des autres, ce qui donne lieu à de savoureux quiproquos.

Parrot Fish by Ellen Wittlinger

Angela has never felt quite right as a girl. She decides to become Grady, a guy. While coming out as transgendered feels right to Grady, he isn't prepared for the reaction he gets from everyone else. His life is miserable until he finds friends in some unexpected places -- like the school geek, Sebastian, who explains that there is precedent in the natural world (parrotfish change gender when they need to), and Kita, who might just be Grady's first love.

Some Assembly Required by Arin Andrews & Joshua Lyon

Seventeen-year-old Arin Andrews shares all the hilarious, painful, and poignant details of undergoing gender reassignment as a high school student in this winning memoir. It is a true coming-of-age story about knocking down obstacles and embracing family, friendship, and first love. But more than that, it is a reminder that self-acceptance does not come ready-made with a manual and spare parts. Rather, some assembly is always required.

The Throne by Beth Goobie (12–15 years)

Meredith is determined to make her mark as she starts Grade 10 and with the help of her two best friends, Reb and Dean, she will have to find a way to stand up for herself and survive high school with her dignity intact. Deals with friendship, high school and bullying.

The V-Word: True Stories About First Time Sex by Amber Keyser

The V-Word pulls back the sheets on sex. Queer and straight. Relished and regretted. Funny and exhilarating. The seventeen women in this book write about first-time sex—hot, meaningful, cringeworthy, gross, forgettable, magnificent, empowering, and transformative.

The World Without Us by Robin Stevenson (12–16 years)

What do you do when someone you care about wants you to follow him to a really dark place? When Mel meets Jeremy, she thinks she has finally found someone who understands her, but Jeremy has secrets that torment him, and Mel isn't sure she can save him. All she knows is that she has to save

herself. This novel examines one girl's choices in a world where the stakes are very high and one misstep can hurt or kill.

What Does Consent Really Mean? by Pete Wallis

Following the sexual assault of a classmate, a group of teenage girls find themselves discussing the term consent, what it actually means for them in their current relationships, and how they act and make decisions with peer influence. Joined by their male friends who offer another perspective, this rich graphic novel uncovers the need for more informed conversations with young people around consent and healthy relationships. Accompanying the graphics are sexual health resources for students and teachers, which make this a perfect tool for broaching the subject with teens.